



BIKE ROUTES



E. 55th St

SHARP TURN
CAUTION

E. 57th St

15 & over Bike Course	←	First Aid	+
11 - 14 Bike Course (2)	←	Rest Rooms	⚠
7 - 10 Bike Course	←	Parking	P
Start/Finish Line	⬮		

Museum of Science and Industry Campus

Lake Michigan

NORTH



Midway Plaisance Park

Midway Plaisance Park

S. Cottage Grove Ave

S. Woodlawn Ave

S. Woodlawn Ave

S. Cornell Dr

E. 63rd St

Sprint Triathlon

(age 15 & over)

Race Distances

15 & over BIKE	10K (6.20 miles)
11 - 14 BIKE (2)	8K (4.96 miles)
7 - 10 BIKE	4K (2.48 miles)





15+ Route		Water	
11-14 Route		First Aid	
7-10 Route		Rest Rooms	
Start/Finish Line		Parking	
Distance			



*All age groups start/finsh at the same point, and run the same course. Turn-around for 7-10 is first water point (.5k/.31m), and 11-14 is second water point (1k/.62m).